



INVERNESS BACKCOUNTRY SNOWSPORTS CLUB

Trip Contacts: overnight trip checklist

Before the day

- Make sure everyone is in & participating the WhatsApp trip chat, particularly late-joiners.
- Make sure any group meals have been arranged.
- Remind members on how to get to the accommodation and any hut rules (i.e. no shoes indoors).
- Help arrange car shares.
- Collect key/get key code.
- Facilitate discussion on general plan for the weekend & kit to be brought (i.e. if there is snow or no snow).
- [Book & arrange collection of Group Safety Kit](#). 1 x kit per 6 members.

During the trip

At the accommodation

- Facilitate a discussion about group plans for each day – route, weather, group/s, snow, avalanche hazard, fitness etc.
- Ensure [route card\(s\)](#) are posted to the club “Route Cards” WhatsApp for each group.
- Make sure 1 x safety kit per group & split between participants – PLB, bothy bag, radios & 1st aid kit
- Ensure everyone has brought their personal safety kit.
- Remind all that as there are no leaders everyone should participate in all decision making throughout day.
- Agree who will write the trip report.

Remind each group they should:

- Conduct transceiver checks before setting out.
- Ensure their group stays together.
- If someone wants to turn back, ensure group discusses & agrees options. No one should return unaccompanied unless judged it is safe to do so.
- Adopt buddy system so that each person has eyes on one other. This is particularly important in bad visibility.

At the end of the day

- Ensure everyone is off the hill, especially any who opted to turn back early or followed a different route & post confirmation to the Route Card WhatsApp.

At the end of the trip

- Make sure the accommodation is left clean & check for any forgotten kit.
- Recover group safety kit and arrange return to the equipment officer.
- Return key.

In the event of an accident or emergency

- Call 999 and ask for POLICE-MOUNTAIN RESCUE.
- If no reception, use PLB
- Seek shelter, perform 1st aid,
- When the situation permits, inform the club President or any other committee member