



Trip Contacts: day trip checklist

Before the day

- Help members agree plan for day, meeting point & time
- [Book & arrange collection of Group Safety Kit](#). 1 x kit per 6 members.

On the day

At the meeting point

- Check participants have all arrived and if someone is running late, attempt to contact & agree to wait or set off without them.
- Facilitate a final group discussion about the plan for the day – route, weather, group/s, snow, avalanche hazard, fitness etc.
- Ensure [route card\(s\)](#) are posted to the club “Route Cards” WhatsApp.
- Split group kit between participants – PLB, bothy bag, radios & 1st aid kit
- Ensure everyone has brought their personal safety kit.
- Remind all that as there is no leader everyone should participate in all decision making throughout day.
- Nominate someone to carry out participants transceiver checks.
- Agree who will write the day trip report.

On the hill

- Ensure the group stays together
- If someone wants to turn back, ensure group discusses & agrees options. No one should return unaccompanied unless judged it is safe to do so.
- Adopt buddy system so that each person has eyes on one other. This is particularly important in bad visibility

At the end of the day

- Ensure everyone is off the hill, especially any who opted to turn back early or followed a different route & post confirmation to the Route Card WhatsApp.
- Recover group safety kit and arrange return to the equipment officer.
- Initiate a chat to get any feedback on how the day went. This can be in the tea room!

In the event of an accident or emergency

- Call 999 and ask for POLICE-MOUNTAIN RESCUE.
- If no reception, use PLB
- Seek shelter, perform 1st aid,
- When the situation permits, inform the club President or any other committee member